

## **Event Details**

Event:	HWB161716 - Communicate Effectively with Teenagers
Subject:	
Event Overview:	Being able to influence your teenager during the teenage years, when there are so many other influences
	coming in, is a key concern and priority for a lot of parents. We cannot influence someone that we don t
	have a relationship with. Communication is key for that relationship and this new stage requires a new
	approach. We are less of a manager of them and their lives and move to a coaching style of interaction
	which maintains the relationship and allows them to develop thinking and life skills.
Event Objectives:	* To look at what we can expect during these years.
	* Explore ways in which we can parent and influence whilst building and maintaining the relationship rather
	than at the expense of it
Event Content:	* What s normal? Coaching Style of Parenting, Different Children Different Needs knowing and
	understanding their style, your style and the dynamic between the two. Practical tips and suggestions which
	other parents have found to be effective.
Notes:	
UCD Instructor:	
Instructor (External):	Marian Byrne
Building:	Ardmore House
Room:	Boardroom 2
When:	13.00 on 08-Mar-17 for 1 hours