



# Event Details

Printed on 6 May 2024  
by

Event:	HWB161747 - Bike Maintenance 3
Subject:	
Event Overview:	Save money and time by keeping your bike running smoothly A stitch in time saves nine find out how to avoid costly repairs. Keeping your bike in good order is not rocket science and doesn't require much time. Learn some of the easy tasks which help keep your bike working well, reduce wear and tear and keep you safe.
Event Objectives:	To provide participants with the skills and knowledge necessary to ensure their bike is kept in safe road worthy condition.
Event Content:	<ul style="list-style-type: none"><li>* Contents of a basic tool kit</li><li>* Tuning gears</li><li>* Signs and symptoms of wear and tear</li><li>* Things which may work loose</li><li>* Cleaning and lubricating</li><li>* Adjusting cycling position</li></ul> All the above steps will be demonstrated and participants will attempt each of the skills. Be prepared to get your hands dirty!
Notes:	
UCD Instructor:	
Instructor (External):	Aidan Ryan, Cycling Safaris
Building:	St Stephens
Room:	St Stephens Chaplaincy, Seminar Rm, Map Ref 69 C10
When:	13.00 on 23-Mar-17 for 1 hours